

mēTM *smooth*

USER GUIDE



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These instructions, warnings and safety information within this user guide are intended to help ensure proper use and optimal results. It is important that you read this entire user guide before using your mē smooth for the first time.

If you have questions or concerns, please contact our Customer Care at:

ILUMINAGE BEAUTY

Website: www.mepower.com

Phone: 0203 302 0606

Email: cs@iluminagebeauty.com

Introduction

Congratulations on purchasing the mē smooth at-home permanent hair reduction system!

mē smooth is an innovative device that can be used in the privacy and comfort of your own home to safely and comfortably reduce unwanted hair on the body and face.

mē smooth treatments are based on the same professional elōs technology used by dermatologists around the world. Easy to use at-home or away - get ready to experience the freedom of silky, smooth skin without the hassles of never-ending shaving and waxing.

Intended use of the mē smooth

mē smooth is an at-home device intended for permanent hair reduction on the body for men and women and on women's facial hair below the cheek line.

Skin Colour

mē smooth is intended for use on ALL skin colours (the skin colour you were born with).

Hair Colour

mē smooth is clinically proven to effectively remove unwanted hair that is naturally blond, dark blond, red, brown, brunette or black.

Note: Results may vary based on individuals skin colour and hair colour being treated and may require additional treatments beyond the full protocol described on page 14. For more information, please contact Customer Care at www.mepower.com or call us 0203 302 0606.

Getting to know your mē smooth

Your mē package includes:

- mē smooth powered by elōs technology
- One elōs quartz cartridge (already installed)
- Accessory protective cap (already installed)
- Power cord
- User guide
- Quick reference guide

Additional mē accessories:

Sold separately

- Epilator cartridge
- Precision adaptor
- Replacement elōs quartz cartridge

For more details about accessories, go to www.mepower.com

For instructions on how to use accessories for the mē smooth refer to page 23.

Getting to know your mē smooth

Device components


1. Base unit

2. Cradle

3. Control panel with:

 Power button

 Error warning indicator

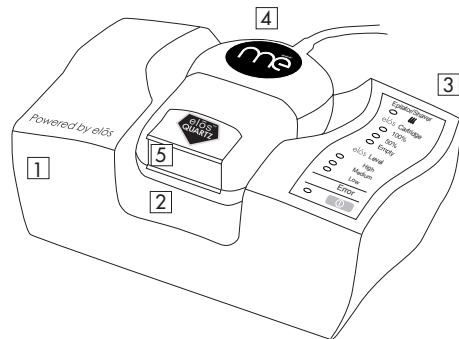
 elōs energy setting buttons (low, medium, high)

 elōs cartridge life indicator (100%, 50%, empty)

 epilator/shaver activation button

4. Applicator (hand piece with cord)

5. elōs quartz cartridge with light output window and RF contact bars



Applicator components

6. Light output window: the light energy flashes out through the treatment window

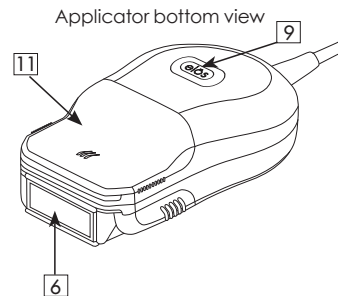
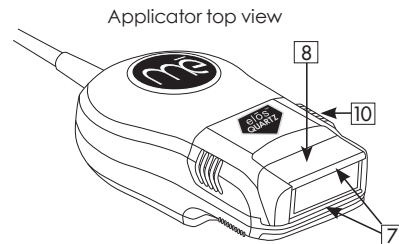
7. RF contact bars: the two RF bars must be in complete contact with the skin for the light pulses to flash

8. elōs quartz cartridge: comes attached to the applicator and is preloaded with elōs pulses

9. elōs activation button: press on this button to turn on the applicator. You will hear the fan turn on, and the activation indicator will light up

10. Cooling outlet: hot air is forced out of the cooling outlet in order to keep the applicator cool while in use

11. Accessory protective cap (not to be removed unless attaching an official accessory)



Who should not use / Contraindications

DO NOT use if you have epilepsy or light-induced seizures or chronic migraines. The energy flashes might cause severe headaches and migraines.

DO NOT use if you have an active implant, such as a pacemaker, incontinence device, insulin pump, etc. Use of the mē smooth has not been tested in individuals with active implants, and, therefore, the effects are unknown.

KEEP OUT OF REACH OF CHILDREN. The mē smooth should not be used by anyone, or on anyone, under the age of 18. The use of the mē smooth on or by children has not been studied and could result in serious damage.

Warnings

DO NOT use if you are pregnant, trying to become pregnant (conceiving) or breast-feeding. The mē smooth has not been tested on pregnant or breast-feeding women. Hormonal changes could increase skin sensitivity and the risk of skin damage.

DO NOT treat with the mē smooth immediately after or before an active tanning session - in natural light, on a tanning bed or when using sunless tanning products. If you are not certain whether you are tanning or sunburned it is recommended to do a skin sensitivity test (page 10) and wait 24 hours.

DO NOT use the mē smooth on areas that have been sunburned as this can make the skin more susceptible to damage.

DO NOT use directly on parts of your skin where you have tattoos, dark brown or black spots (such as large freckles, birthmarks or moles). These areas may absorb too much light energy which can damage the skin.

DO NOT use on the ears, neck, nipples, genitalia or around the anus. These areas may have more sensitive skin and using the mē smooth there may cause serious damage.

Warnings

DO NOT use on or around the eyes, eyebrows or eyelashes. Doing so can cause permanent eye damage.

DO NOT use on a man's face, jaw or neck. Using the mē smooth in these areas may result in skin damage.

DO NOT use the mē smooth on any area where you may want the hair to grow back. The hair removal results may be permanent.

DO NOT use the mē smooth if you are sensitive to light (photosensitive).

- Some diseases can be related to photosensitivity including porphyria, polymorphic light eruption, solar urticaria and lupus.
- Some medications can be related to photosensitivity including: NSAIDs; steroids; antibiotics; phenothiazine; thiazide, diuretics, sulfonylureas, sulfonamides, DTIC, fluorouracil, vinblastine, griseofulvin, Alpha-Hydroxy Acids (AHAs), Beta-Hydroxy Acids (BHAs), Retin-A, Accutane® and/or topical retinoids.
- Undergoing radiation or chemo-therapy treatments.

These conditions can make the skin more sensitive to light and more susceptible to damage. Consult your doctor.

DO NOT use if you have an active or known skin condition in the treatment area including acne, sores, psoriasis, eczema, sunburns, melasma, herpes simplex, open wounds or a rash. These conditions can make the skin more sensitive to light and more susceptible to damage.

DO NOT use if you have a history of skin cancer or areas of potential skin malignancies. Use of the mē smooth has not been tested in areas with skin cancer, and therefore, the effects are unknown.

DO NOT hold the light output window still over one spot and flash multiple light pulses on the skin. Doing so may generate too much heat, which can damage the skin.

DO NOT cover the cooling inlet or outlet during use, as they help to keep the device cool during operation. Covering the cooling inlet or outlet could result in the device overheating.

DO NOT get the mē smooth damp or wet.

Warnings

DO NOT use the mē smooth while bathing or put it next to a bath or sink.

DO NOT operate the mē smooth with a damaged plug or cord. DO NOT use the mē smooth if any parts show signs of damage.

DO NOT open the outer covers of the mē smooth or touch any inner parts.

DO NOT attempt to repair your mē smooth device.

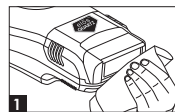
ALWAYS keep the cord away from heated surfaces. Failure to follow these precautions can cause electrocution, electric shock or result in damage.

ALWAYS attach the AC plug from the power supply into the device first, then into the wall socket.

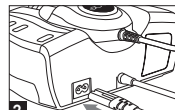
Use only the power supply provided with the mē smooth .

DO NOT use the mē smooth in an environment where a spark could cause an explosion, such as near a gas source.

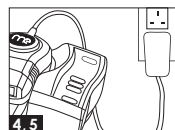
Setting up your mē smooth



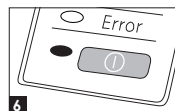
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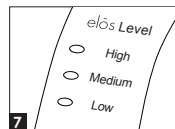
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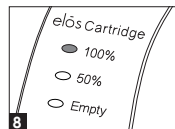
4, 5



6



7



8

1. Clean the light output window with a non-alcohol based wet wipe or soft tissue. This is done in order to remove hairs and dust from the treatment window.

2. Connect the power cord into the mē smooth.

3. Place the mē smooth on a table or area near an electrical wall socket. Move away any liquids from the area.

4. Make sure the applicator is placed in its cradle before turning on the mē.

5. Connect the power cord to the electrical wall socket.

6. Press the power button to turn the mē smooth on. Wait until the indicator light on the power button turns green. Now the mē smooth is ready for use.

7. Set the desired energy level on Low, Medium or High.

Note: Start with LOW elōs level, if you feel comfortable, you may increase the elōs level for better results

8. The elōs Quartz cartridge is pre-loaded with pulses for your use (100%). The cartridge indicator shows the percentage of pulses remaining as you use the system. When the Empty button starts blinking, make sure to purchase a new elōs Quartz cartridge. When the Empty button is constantly on, it is time to replace the elōs cartridge.

Skin sensitivity test

If you are using the mē smooth for the first time or treating a new body area, choose a small area close to the area you intend to treat, for the purpose of performing a Skin Sensitivity Test:

- Use the LOW elōs level.
- Follow the treatment instructions, and emit only 2-3 pulses on the area you've chosen.
- After the skin test, wait 30 minutes and check your skin for any reaction. If the skin appears normal, then you are ready to perform a full treatment.
- If the treated spot appears to be red, please wait 24 hours and repeat the test. Otherwise contact your doctor or our Customer Care (cs@iluminagebeauty.com or call us 0203 302 0606) for more information.

How to use your mē smooth

If this is your first time using the device, be sure to conduct the Skin Sensitivity Test.

Step 1:

Preparation

To prepare for your mē smooth treatment, first remove hair from the area you want to treat. Clean your skin and dry it with a towel. This will ensure that the elōs technology is focused on the hair follicles beneath the surface for optimal efficacy.

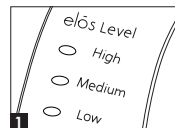
If you have fair hair, it is recommended that you wax or epilate immediately before treating with the mē smooth in order to get the best results. Make sure to clean your skin of any wax or hair residue before starting treatment. Do not treat if you feel your skin is irritated from waxing or epilation.

Note: mē smooth can be used with the epilator cartridge in 2 ways:

- either just to epilate on its own
- Or it can epilate and flash at the same time for a quicker, all in one treatment (see page 24 for instructions).

Step 2:

Activate mē



Select your elōs energy level (1). Always start on LOW and if you are comfortable, move to MEDIUM or HIGH for even greater efficacy. The device will not activate if you do not select an elōs level.

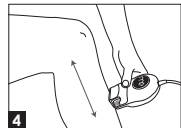
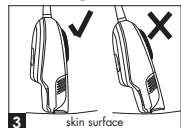
Remove the applicator from the base.



Press the elōs activation button located on the back of the applicator (2). The button will turn blue and you will hear the fan start inside the applicator.

Step 3:

Treating your body



Gently place the device on your skin, so that both RF contact bars are in complete contact with the skin. The mē smooth will emit pulses of bright light - this is the elōs energy at work. The mē smooth will not work unless both RF contact bars are touching your skin (3).

Glide the applicator over your skin in one continuous motion, moving after each flash (4).

Repeat until you have covered the entire area 2 to 3 times. Approximate treatment times are shown below. Individual times may vary. You can treat all body areas during the same treatment session.



1 minute
per underarm



2 minutes
per bikini area



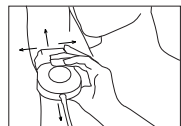
3 minutes
per arm



10 minutes
per full leg

DO NOT hold the applicator window still over one spot and flash multiple light pulses on the skin. Doing so may generate too much heat which can injure the skin.

The applicator will turn itself off if it is not in use for 30 seconds. To turn the applicator back on, press the elōs activation button located on the applicator. The device will automatically shut off if not in use for more than 3 minutes; press the power button to turn the device back on.



Tips: When using the mē smooth on difficult-to-treat areas (e.g. underarm) apply the applicator in 2 directions: left/right and up/down for full coverage.

Step 4:

Treating your face

The following treatment instruction refers to treating facial areas with the mē smooth. However it is recommended that you use the mē smooth with the precision adaptor for face and small areas. The precision adaptor is sold separately (see page 25 for instructions).

Gently place the applicator on your face (below the cheek line), so that the two RF contact bars are in complete contact with the skin. The applicator will emit pulses of bright white light - this is the elōs energy at work. The applicator will not work unless both RF contact bars are touching the skin.



Allow one pulse of elōs energy on your first target area. Remove the applicator after a single pulse and move to the next target area. Repeat this action until you have covered your entire facial treatment area 2-3 times. Choose the elōs energy level that is comfortable for treatment. Start on LOW and move to MEDIUM or HIGH energy level with subsequent treatments.

If you find the light from the elōs pulse too bright, you can wear sunglasses or goggles for your comfort.

DO NOT hold the light output window still over one spot and flash multiple light pulses on the skin. Doing so may generate too much heat, which can damage the skin. DO NOT use above cheek line and on man's face, jaw or neck

What to expect during treatment

During treatment you may feel a warming sensation. You should always start your treatments at the LOW elōs level and if you are comfortable, increase to MEDIUM or HIGH for even greater efficacy. If your skin looks slightly red after treatment, this should disappear within 24 hours.

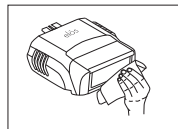
Treatment schedule

For best results, follow the full protocol of treating the target area once a week for 7 treatments. Use your temporary hair removal solution in between treatments as you would normally. After your initial protocol, use your mē smooth for touch-ups of new hair growth as needed.

Note: Facial areas can be treated more frequently of up to 2-3 times per week for 6 weeks if desired. Additional treatments may be needed for optimal results.



How to clean and store your mē smooth



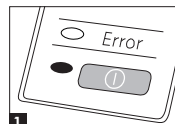
Turn the mē smooth off by pressing the power button on the base unit. Place the applicator in its cradle on the base unit. Unplug the power cable from the electric socket.

Clean the light output window with a non-alcohol-based wipe or soft tissue. Clean the outside surface of the mē smooth using ONLY a dry, soft cloth or a non-alcohol-based wet wipe.

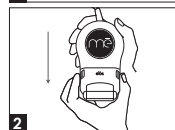
Store the mē smooth in a cool and dry place AWAY from the reach of children.

How to replace your elōs quartz cartridge

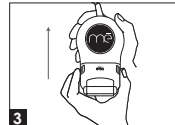
When the elōs cartridge life indicator light starts blinking on the base, it means that your elōs cartridge is almost empty and it is time to purchase a new one. When the indicator is constantly on, it means that the cartridge is empty and you need to replace it



1



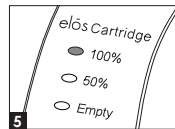
2



3



4



5

- Make sure that the mē smooth is turned off and the cable is unplugged from the electrical wall socket (1).

- Remove the used cartridge from the applicator by holding the cartridge's sides and gently pulling it out. Dispose of the used cartridge safely (2). Take the new cartridge out of its protective container. Avoid touching the glass. Fingerprints or oils from your skin can interfere with light passing through the glass, and this will reduce the success of the treatment.

- Slide the new cartridge gently into the applicator until you feel it "click" into place (3).

- Place the applicator in the cradle of the base unit before turning on the mē smooth (4).

- Turn on the mē smooth. A new cartridge will show 100% on the control panel. If cartridge is not properly inserted, the percentage indicators on the base will blink (5).

Disposal/Recycling

Please follow your local regulations for disposal of electric systems when recycling or disposing of your base unit, hand piece or disposable cartridge. If you have questions, please contact Customer Care at www.mepower.com or call us 0203 302 0606.



Waste Electrical and Electronic Equipment (WEEE)

Travel with mē smooth

The mē smooth is designed with universal voltage. That means that you can use the device all over the world. Interchangeable plugs are sold separately and vary by country. These are designed to work with the mē smooth power supply. Make sure that the mē smooth does not get wet while travelling, and do not use it in a wet environment.

Troubleshooting

Indicator	What does it mean	How to react
No lights are on	Power cable is not connected.	Connect power cable
All elōs energy setting buttons on the base are blinking (HIGH-MEDIUM-LOW).	No elōs energy level has been selected.	Select an elōs level.
elōs activation button on the applicator is blinking.	elōs energy level has been selected but elōs activation button has not been pressed yet.	Press the elōs activation button. The applicator fan will start blowing indicating that the elōs cartridge is active.

Troubleshooting

Indicator	What does it mean	How to react
Error light is on	System needs to be reset.	Reset the system by turning it off and on again. If problem persists, disconnect power cable and wait until all lights are off (several seconds). Then reconnect the power cable and turn the system on. If error light is still on, try moving to a cooler area with a room temperature of less than 30°C/86°F and restart the system.
No flashes are coming out of the applicator.	<ol style="list-style-type: none">1. Silver RF contact bars not in contact with the skin in treatment area.2. elōs activation button has not been pressed.3. elōs energy level has not been selected.	In order for the system to flash pulses, make sure that the following 3 conditions are met: elōs level is selected, elōs activation button is pressed, silver RF contact bars are in contact with skin.
No flashes are coming out of the applicator while precision adaptor is connected to the device.	elōs activation button has not been pressed.	The applicator emits a single pulse only when pressing the elōs activation button. Press the elōs activation button again to emit another pulse.
elōs energy button on base is flashing.	elōs cartridge slot is empty.	Insert elōs cartridge or a protective cap.
Accessory activation button on base is flashing.	Accessory slot is empty.	Insert protective cap or attach desired accessory.
"Empty" indicator is blinking.	5% left in the elōs cartridge.	Order a new elōs cartridge if you plan to continue treatments.
"Empty" indicator is constantly on.	No more pulses remaining in elōs cartridge.	Insert a new elōs cartridge.

If you still have questions about your mē smooth, contact Customer Care at www.mepower.com or call us 0203 302 0606.

Warranty

NOTE: if your mē device is under warranty with your retailer it will prevail over the below warranty terms.

Your mē device is warranted to be free from defects in materials and workmanship for a period of 24 months (or otherwise stated by your retailer) from the original purchase date under normal use. This warranty extends only to the original purchaser with original proof of purchase and only when purchased from an authorised mē smooth retailer or reseller. If the product should become defective within the warranty period, please contact your local retailer or go to www.mepower.com for further assistance or call us 0203 302 0606.

ILUMINAGE LTD. ("Illuminage") reserves the right to replace a defective product with the most comparable product currently available. Your exclusive remedy for any defective product covered by this warranty is limited to the repair or replacement of the defective product. Illuminage's entire liability for any defective product shall in no event exceed the original purchase price of the defective product.

This warranty does not cover products determined by Illuminage to be damaged by any of the following: accident, misuse, abuse or alteration, servicing by unauthorised personnel, use with unauthorised accessories or use other than as instructed, connecting to an incorrect current or voltage and/or any other conditions beyond Illuminage's control.

TO THE EXTENT PERMITTED BY LAW, ILUMINAGE SHALL NOT BE RESPONSIBLE FOR ANY DIRECT OR INDIRECT DAMAGES RESULTING FROM THE USE OR MISUSE OF THIS PRODUCT INCLUDING ANY GENERAL, INCIDENTAL, SPECIAL, OR CONSEQUENTIAL DAMAGES - TO THE MAXIMUM EXTENT PERMITTED BY THE LAW. THE WARRANTY PROVIDED IN THIS DOCUMENT IS THE SOLE AND EXCLUSIVE WARRANTY PROVIDED BY ILUMINAGE TO THE PRODUCT AND IT REPLACES ANY REPRESENTATION AND/OR WARRANTY INCLUDING FITNESS FOR ANY PARTICULAR USE AND MERCHANTABILITY.

Manufacturer information



Illuminage Ltd.
Yokneam Illit 20692, IL



mdi Europa GmbH
Langenhagener Str. 71
D-30855 Hannover-Langenhagen

labels and symbols

The nameplate label is adhered to the bottom of your mē smooth. It displays the manufacturer's name & address, the mē smooth's part & LOT numbers, electrical and regulatory standards with which the mē smooth is designed to comply.



WEEE - Waste Electrical and Electronic Equipment



Follow operating instructions



Class II equipment



Degree of protection against electric type BF applied part



Do Not use in wet environment



CE Mark

Degree of protection against ingress water: IP22

This device is not suitable for use in the presence of flammable anesthetic mixture with air or with Oxygen or Nitrous Oxide.

Specifications

- Light spectrum: 550 – 1200 nm
- Max Optical: 4J/cm²
- RF Wave frequency: 6.78 MHz
- Max Radiofrequency power: 5 Watts
- Pulse Light repetition rate: up to 1.1 Hz (1 pulse every 0.9 seconds).
- Electrical Rating: 100-240 VAC, 50-60 Hz
- Dimensions and weight 20.5 x 15 x 9 cm (W x L x H) 1Kg
- Applicable Standards:

Safety Standards

- IEC/EN 60335-1:2010 5th Ed. / 2012
- EN 60335-2-8:2003+A1:2005+A2:2008
- EN 60335-2-23: 2003
- EN 60335-2-27: 2010
- IEC 60601-1:2005 3rd Ed. / EN 60601-1:2006 3rd Ed.
- IEC 60601-1:1988+A1:1991+ A2:1995 2nd Ed. / EN 60601-1:1990+A1:1993+A2:1995+A13:1996 2nd Ed.
- IEC 60601-1-11:2010
- SI 900 part 1:2006; part 2.8:2001; part 2.23:2009

EMC Standards

- EN 61000-6-1:2007
- EN 61000-6-3: 2007+A1:2011
- EN 61000-3-2: 2006+A1:2009+A2:2009
- EN 61000-3-3:2008
- EN 61000-3:2008
- IEC 60601-1-2: 2007

Biocompatibility

- ISO 10993-1:2010

Acceptable environmental conditions

Storage and transportation	
Temperature	14°F- 131°F (-10°C - 55°C)
Humidity	90% at 131°F (55°C)
Pressure	700-1060hPa
Operation:	
Temperature	50°F- 86°F (10°C - 30°C)
Relative Humidity	up to 80% at 99°F (37°C)
Altitude	up to 13,000 ft (3900 m)



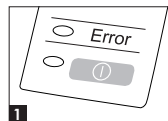
How to use your mē smooth accessories*

* Sold separately

Treating with the epilator cartridge

The mē smooth can be used with the epilator cartridge to prepare the skin body at the same time or used alone.

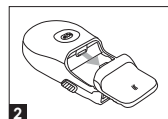
For light hair (blond, dark blond and red hair), using the epilator is recommended. The epilator cartridge is sold separately.



1

How to install the epilator cartridge

Make sure that your mē device is turned off (1). Remove the accessory protective cap by gripping both sides of the protective cap (2). Slide the epilator cartridge gently into the applicator until you feel it "click" into place (3).



2

Preparing for treatment

Before starting, check that the epilator cartridge is free of any damage. Ensure your hair is the appropriate length (no longer than 10mm) for epilating, as the rotating discs may not work properly otherwise.



3

How to activate the epilator cartridge

Turn on the mē smooth. Press the epilator/shaver button to select your epilation speed. The indicator light will turn white (4). Press once for low speed and press twice for high speed.



4

Epilating your body

Use your free hand to stretch the skin of the area you are treating so that the hairs stand upright. Gently apply the epilator to the treatment area and move it slowly against the direction of hair growth to epilate the hairs. Your skin may be slightly red afterwards. This is normal and should subside quickly.

Warnings:

Do not use the epilator attachment on your face.

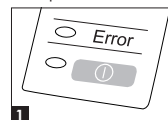
Do not press down too strongly on your skin with the epilator. You should gently pass it over the skin.

Please ensure skin is pulled tight when using the epilator.

Treating with the precision adaptor

The device can be used with the precision adaptor when treating smaller areas on the body and face. The precision adaptor attaches to the applicator and delivers one elōs pulse at a time by pressing the elōs activation button located on the applicator.

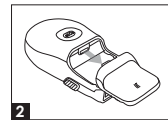
The precision adaptor is sold separately.



1

How to install the precision adaptor

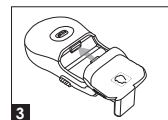
Make sure your mē smooth is turned off (1). Remove the accessory protective cap from the applicator by gently pulling it out (2). Gently slide the precision adaptor accessory into the applicator until you feel it "click" into place (3).



2

How to activate the precision adaptor

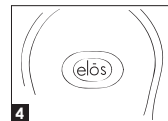
Turn on the mē smooth. Press the elōs activation button on the applicator to turn it on and select your elōs energy level.



3

How to treat

Gently place the applicator on the area you want to treat so that the two RF contact bars are in complete contact with the skin. The applicator is ready to emit the pulse only when the elōs activation button light is a steady, blue and not blinking. Press the elōs activation button on the applicator to emit a single pulse to the area (4). After the pulse is emitted the activation button will blink until the system is ready to emit the next single pulse.



4

Reposition the applicator on the next area to be treated and press the elōs activation button again to emit another pulse. Note that the elōs activation button on the applicator must be pressed every time in order to deliver a pulse of light. Repeat these previous steps until you have covered the entire facial area or other small area. Wait at least 10 seconds before you treat the same spot (5).



5



A joint venture between Unilever Ventures and Syneron Medical.

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